

***COMING SOON 😊 ***

Stop, Breathe, Think

Our Front of Yonge students have recognized that they could use some help when they are outside playing with their friends- a “friendly reminder” to keep their hands to themselves, walk away, ignore, talk it out or seek help. The idea was generated through the young minds of our grade 3 students. With the support from our Student Support Partner, Sheri McMullen and Ms. Mclean the students have completed this awesome project that will support the whole school.

There were three signs painted on pieces of wood that will be placed around our schoolyard – “STOP, BREATHE, THINK” is the message. The purpose of this project is to provide a visual prompt to make good choices, as we are sometimes faced with conflicts and feelings do get hurt. The grade 3 students practiced strategies taught by Mrs. McMullen and Ms. Mclean using Zones of Regulation language.

A special thank you to Mr. McCrae, our Custodian, for supplying the wood and supporting this project.

